

MR. Gonci's PE SCOPE AND SEQUENCE

MONTH: DECEMBER

GRADE	LEARNING INTENTIONS
1	<ul style="list-style-type: none">● Health Concepts● Hop, Jump, Leap● Continued practice of locomotor movements, balance, coordination, reaction time, and spatial awareness
3	<ul style="list-style-type: none">● Health Concepts-<ul style="list-style-type: none">○ heart and lung function○ pulse and heart rate.● Juggle (continue left brain /right brain movements)
5	<ul style="list-style-type: none">● Fitness Assessment- beginning goal setting
7	<ul style="list-style-type: none">● Tchoukball● Game Creation