

## **MR. Gonci's PE SCOPE AND SEQUENCE**

**MONTH: January/ February/ March**

GRADE	LEARNING INTENTIONS
1	<ul style="list-style-type: none"><li>● Health Concepts</li><li>● Hop, Jump, Leap</li><li>● Continued practice of locomotor movements, balance, coordination, reaction time, and spatial awareness</li><li>● Shapes/levels</li><li>● Parachute</li><li>● Turn/Jump Long Rope</li><li>● Skip-it sticks</li></ul>
3	<ul style="list-style-type: none"><li>● Health Concepts</li><li>● Fitness Stations</li><li>● Tumble and Balance</li><li>● Jump Rope</li></ul>
5	<ul style="list-style-type: none"><li>● Goal setting</li><li>● Fitness Stations</li><li>● Gymnastics &amp; Jump Rope Routine</li></ul>